

## Community Resources

### Northern Virginia Regional Commission (NVRC)

- Dial 2-1-1 or 1-800-230-6977
- Online:
  - [www.novaregion.org/helpingresources](http://www.novaregion.org/helpingresources)
  - [www.211metroDC.org](http://www.211metroDC.org)
  - [www.211virginia.org](http://www.211virginia.org)
  - <http://novaquickguide.org>

### Coordinated Entry System – 703-792-3366

#### Bill Pay Assistance

- <https://www.needhelppayingbills.com/index.html>
- [https://www.needhelppayingbills.com/html/virginia\\_assistance\\_programs.html](https://www.needhelppayingbills.com/html/virginia_assistance_programs.html)

Crisis Line - 703-527-4077

#### Food Assistance

- [www.actspwc.org](http://www.actspwc.org)
- [www.nvfs.org](http://www.nvfs.org)
- [Text #FOOD to 877-877](tel:877-877)

#### Housing

- PWC -Coordinated Entry system – 703-792-3366
- ACTS [www.actspwc.org](http://www.actspwc.org) – 703-221-3188
- Northern VA Family Services [www.nvfs.org](http://www.nvfs.org)
  - Short term assistance – 571-748-2741
  - Emergency housing – 571-748-2623

#### Mortgage Assistance

- [www.HUD.gov](http://www.HUD.gov)
- [www.pwcgov.org/money](http://www.pwcgov.org/money)

Rental Assistance – [https://www.needhelppayingbills.com/html/get\\_help\\_paying\\_rent.html](https://www.needhelppayingbills.com/html/get_help_paying_rent.html)

#### Suicide Hotline

- 800-273-8255
- 800-784-2433

If you are a person with a disability and desire any assistive devices, services, or other accommodations to participate in this activity, please contact Virginia Cooperative Extension at 703-792-6287 during the business hours of 8 a.m. and 5 p.m. to discuss accommodations 5 days prior to the event.

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